

# Quick Guide: Personal Income & Outlays Releases

This monthly release combines:

## Personal income

- From all sources, not just wages and salaries
- Includes government social benefits, such as unemployment insurance, Medicare, Medicaid, Social Security

**Outlays** primarily personal consumption expenditures, also known as **consumer spending**, as well as some interest payments, fees, and fines



Each monthly news release includes:

News Release

Related Materials

Full Release & Tables <sup>(PDF)</sup>

Tables Only <sup>(Excel)</sup>

Historical Comparisons <sup>(PDF)</sup>

Additional Information

The Related Materials tab takes you to a longer version of the release with tables, historical comparisons, and more



When using the data, note:

Personal income *Available in current dollars*

Consumer spending *Available in current and real, or adjusted for inflation, dollars*

The personal income landing page includes:

[bea.gov/data/income-saving/personal-income](https://bea.gov/data/income-saving/personal-income)

Current Release

Interactive Data

Download tables, modify time periods, create charts, and save your findings

The consumer spending landing page includes:

[bea.gov/data/consumer-spending/main](https://bea.gov/data/consumer-spending/main)

Interactive Data

Summary Tables

Annual, Quarterly, and Monthly estimates

Underlying Detail Tables

Annual, Quarterly, and Monthly estimates will be either based on judgmental trends or on I

Download tables, modify time periods, create charts, and save your findings

More details of spending on products and services



What about my state or city?

See [bea.gov/news/schedule](https://bea.gov/news/schedule) for release dates:

- Personal income and outlays by state
- Real personal income by state
- Personal income by county and metropolitan area

For more info about other numbers in the release, see [bea.gov](https://bea.gov)'s *Data by Topic* landing pages:

- Disposable personal income
- Personal saving rate
- PCE price index
- PCE price index, excluding food and energy
- Government receipts and expenditures